

Lent
Prayer

Tulsa
Boiler
Room

Mondays and Wednesdays

Opening and Confession

If we say we have no sin, we deceive ourselves, and the truth is not in us, but if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. 1 Jn 1:8-9

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who sincerely repent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Confession

Let us confess our sins against God and our neighbor.

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our selfish love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for unloving thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Psalms

Read Psalm 51 together.

[Read the Psalm for the corresponding week of Lent. You may read responsively, take turns reading verses, or all read together.]

Lent Week 1: Psalm 25

Lent Week 2: Psalm 32

Lent Week 3: Psalm 38

Lent Week 4: Psalm 95

Lent Week 5: Psalm 102

Lent Week 6: Psalm 130

Lent Week 7: Psalm 143

The Lord is full of compassion and mercy: Come let us adore him.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Scripture Reading

Read Old Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Canticle 11 The Third Song of Isaiah

Isaiah 60:1-3, 11a, 14c, 18-19

Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.

For behold, darkness covers the land; *
deep gloom enshrouds the peoples.

But over you the Lord will rise, *
and his glory will appear upon you.

Nations will stream to your light, *
and kings to the brightness of your dawning.

Your gates will always be open; *
by day or night they will never be shut.

They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.

Violence will no more be heard in your land, *
ruin or destruction within your borders.

You will call your walls, Salvation, *
and all your portals, Praise.

The sun will no more be your light by day; *
by night you will not need the brightness of the moon.

The Lord will be your everlasting light, *
and your God will be your glory.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Read New Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Read Gospel selection in turn, concluding with:

The Word of the Lord.

Thanks be to God!

Canticles / Praises

Canticle 16 The Song of Zechariah

Luke 1:68-79

Blessed be the Lord, the God of Israel;*
he has come to his people and set them free.

He has raised up for us a mighty savior,*
born of the house of his servant David.
Through his holy prophets he promised of old,

that he would save us from our enemies,*
from the hands of all who hate us.

he promised to show mercy to our fathers*
and to remember his holy covenant.

This was the oath he swore to our father Abraham,*
to set us free from the hands of our enemies,

Free to worship him without fear,*
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High,*
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation*
by the forgiveness of their sins.

In the tender compassion of our God*
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,*
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Creed and Prayers

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Intercessions (Choose 2 for each day)

A Prayer for the Church Around the World*

We pray for Your people throughout the world. We ask that you would give them endurance and joy as they serve you in difficult and often dangerous conditions. We pray that you would give them boldness to speak the truth in spite of opposition. We ask that you would give them compassion to care for the poor, the oppressed, and the rejected. Father, give them a revelation of Your great love and Your awesome grace. May they be faithful to You and to the mission for which You have appointed them. In Jesus' Name. Amen.

A Prayer for Boldness*

Father, when your apostles were threatened by ungodly men, they did not pray for protection and personal safety. Nor did they pray for the ruin of their oppressors. Instead, they prayed for the boldness to proclaim your Gospel in the face of danger and persecution. After they prayed thus, the very place where they prayed was shaken, and you granted their request. Father, make us bold to proclaim your Gospel, without concern for our own lives. In Jesus' Name. Amen.

For the President of the United States and all in Civil Authority

O Lord our Governor, whose glory is in all the world: We commend this nation to your merciful care, that, being guided by your Providence, we may dwell secure in your peace. Grant to the President of the United States, the Governor of this State, and to all in authority, wisdom and strength to know and to do your will. Fill them with the love of truth and righteousness, and make them ever mindful of their calling to serve this people in your fear; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, world without end. Amen.

A Prayer for the Lost*

Father, you love lost humanity so deeply that you sent Jesus to suffer and die on the cross for our salvation. We confess that we have been more concerned with our own affairs than with the broken and the dying people of our city. Give us, Holy Spirit, your compassion for those who are still outside the warm embrace of your redemption, and light within us a passion for the Gospel. In Jesus' Name. Amen.

A Prayer for the Poor*

Help all the people that do not have what they need, so that they can get it. Also, help them to not get the stuff that would be harmful. Amen.

World Cycle of Prayer

We pray for the people of _____. (See daily list)

[Free prayer for these nations]

[For info on nations: <http://www.operationworld.org/node/87>]

Ecumenical Cycle of Prayer

We pray for our sisters and brothers, members of the following churches in Tulsa: ____ (See daily list).

[Free prayer for the churches of Tulsa]

Boiler Room Cycle of Prayer

We pray for the Tulsa Boiler Room, and especially for our beloved brother/sister: ____ (See daily list).

[Free prayer for the world, the city of Tulsa, the Boiler Room, and the individual(s) mentioned above]

Communion

Communion Prayer*

Father in heaven, we pause now to receive the body and blood of Your Son, Jesus. In doing this, we proclaim his death, and remember that He will come again. May this bread and juice which we receive this day be for us more than physical substance. May we truly feed on Christ. May we remember your ultimate sacrifice and your great love towards us, and may we be grateful. Fill us with your Holy Spirit, and enable us to walk worthy of the death of Your Son. Through Christ Jesus our Lord we pray. Amen.

Communion

1 Corinthians 11:23-26

For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this to remember me." In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people – an agreement confirmed with my blood. Do this to remember me as often as you drink it." For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

[Distribute communion elements and take together]

Leader: The body of Christ; broken for you.

Leader: The blood of the New Covenant, poured out for you.

Thanks be to God.

A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

Closing

General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Benediction

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen. Ephesians 3:20-21

Tuesdays and Thursdays

Opening Sentences

*My soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning.*

Invocation

Most powerful Holy Spirit,
come down
upon us
and subdue us.

From heaven,
where the ordinary
is made glorious,
and glory seems but ordinary,

bathe us
with the brilliance
of your light
like dew.

Father God in Heaven, You are among us and You are in us. Thank you for including us in Your plan. We in no way could ever deserve to be used by You. However, by your grace, may we be instruments of peace and love and mercy. Faithful Lord, we are here to praise You and welcome Your presence through the Holy Spirit in this place. May every thought, word, and deed be captive to You. As You dwell in us, may we dwell in You. May we bless you in our lives forevermore. Amen.

Confession

Let us confess our sins against God and our neighbor.

Our Father, we confess that we hide ourselves from you out of shame. We have been wrong in Your sight, and we have refused to admit our fault. Have mercy on us through Jesus Christ, Your Son. Draw us out of darkness and bathe us in the light of Your forgiveness and salvation. Turn our hearts toward Your heart. As we accept Your gracious mercy and forgiveness, lead us to extend mercy and forgiveness to one another. We ask in the Name of God the Father, Son, and Holy Spirit.

(Please pause for a moment of silent reflection).

Brothers and sisters, you are forgiven!

Yes, You also are forgiven!

Amen! Blessed be the Name of the Lord!

Psalms

[Read the Psalm for the corresponding week of Lent. You may read responsively, take turns reading verses, or all read together.]

Lent Week 1: Psalm 4

Lent Week 2: Psalm 22

Lent Week 3: Psalm 23

Lent Week 4: Psalm 32

Lent Week 5: Psalm 25

Lent Week 6: Psalm 34

Lent Week 7: Psalm 42

The Lord is full of compassion and mercy: Come let us adore him.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Scripture Readings

Read Old Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Jubilate

Be joyful in the Lord, all you lands;
serve the Lord with gladness
and come before his presence with a song.

Know this: The Lord himself is God;
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise;
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting;
and his faithfulness endures from age to age.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Read New Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Prayer of the Word*

Father, we thank you for the gift of the scriptures. May we be doers of your Word, and not hearers only. Give us understanding by your Holy Spirit, and help us to believe what you have spoken. Recall to our minds what we have learned through your holy Word, and enable us to obey you today in all things. In Jesus' Name we pray. Amen.

Read Gospel selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Canticles / Praises

From the Felgild Compline

Calm me, O Lord, as You stilled the storm.
Still me, O Lord, keep me from harm.

Let all the tumult within me cease.
Enfold me, Lord, in your peace.

The Lord and God of power, shield and sustain me this night.

The peace of God be over me to shelter me,
under me to uphold me,
about me to protect me,
behind me to direct me,
ever with me to save me.

Creed and Prayers

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

Show us your mercy, O Lord;

And grant us your salvation.

Clothe your ministers with righteousness;

Let your people sing with joy.

Give peace, O Lord, in all the world;

For only in you can we live in safety.

Lord, keep this nation under your care;

And guide us in the way of justice and truth.

Let your way be known upon earth;

Your saving health among all nations.

Let not the needy, O Lord, be forgotten;

Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And sustain us with your Holy Spirit.

A Prayer for Lent

Lord God of Israel, who remembers always our weakness and poverty with mercy and love, who did take on weak and pitiful flesh in order to suffer with us all sorrows and temptations and to sacrifice yourself for us through the humiliation and death of the Cross: guide us, we pray, as we journey through this Lenten Season of fasting and humility, to think always on the suffering and temptation that Our Lord endured for Forty Days in the Wilderness and the agony of his suffering on the Cross, that we may fearfully and joyfully receive the Great Good, Priceless Grace, You have bestowed on us, through Christ Jesus. Amen

Intercessions (Choose 2 for each day)

For Peace

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

For the Church

Gracious Father, we pray for your holy Church. Fill it with all truth, in all truth with all peace. Where it is corrupt, purify it; where it is in error, direct it; where in anything it is amiss, reform it. Where it is right, strengthen it; where it is in want, provide for it; where it is divided, reunite it; for the sake of Jesus Christ your Son our Savior. Amen.

Prayer for Seekers*

Father, by the activity of your Holy Spirit and the kindness of your people, bring into our midst those who are searching for you. May they receive your love with trust and delight. May they receive your word with faith and obedience. May we demonstrate for them the nature of your character and love. May we be faithful in our hospitality, in our kindness, and in our witness. May those who seek find, and be given the gift of the Holy Spirit. Through Jesus Christ the only Savior and Lord we pray.

For Justice

Grant, O God, that your holy and life-giving Spirit may so move every human heart, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. Amen.

For Help for Those in Need

What we ask for is not material gain, or increase in status. We ask for guidance to do what is right. Aid us in the efforts which better the folk who are in need. Guide our hands and feet to those in

need. Form our words to share truth and to flee from delusion. Give all in turmoil the strength to carry on. Give them joy to make it to the next day. Give us all Your abundant love, so that under a kind sky we may share our love with others who are loveless.

[On Thursdays, pray the following:]

Prayer for Thursday Night Light*

Father, as our friends gather this evening to share a meal with the poor and homeless of our city, we ask for your blessing upon them. We ask that you provide an atmosphere of family and of peace. Deepen relationships, bring reconciliation, and inspire genuine fellowship. May your gospel be faithfully and powerfully proclaimed this night, in word and in deed. Draw the lost to yourself, and set the lonely in family. Break down the walls that divide people. Rescue those trapped in addictions, in poverty, and in seemingly impossible situations. Cause each person who gathers to gain a deeper revelation of your great love for them. Through Jesus Christ our Lord we pray. Amen.

[Take a few moments to add your own prayers for those involved with TNL]

World Cycle of Prayer

We pray for the people of _____. (See daily list)

[Free prayer for these nations]

[For info on nations: <http://www.operationworld.org/node/87>]

Ecumenical Cycle of Prayer

We pray for our sisters and brothers, members of the following churches in Tulsa: ____ (See daily list).

[Free prayer for the churches of Tulsa]

Boiler Room Cycle of Prayer

We pray for the Tulsa Boiler Room, and especially for our beloved brother/sister: ____ (See daily list).

[Free prayer for the city of Tulsa, the Boiler Room, and the individual(s) mentioned above]

Communion

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. Amen.

Luke 22:14-20

When the hour came, Jesus and his apostles reclined at the table. And he said to them, "I have eagerly desired to eat this Passover with you before I suffer. For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God." After taking the cup, he gave thanks and said, "Take this and divide it among you. For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes." And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you."

The Word of the Lord.

Thanks be to God.

[Distribute communion elements and take together]

Leader: The body of Christ; broken for you.

Leader: The Blood of Christ, shed as a ransom for many.

Thanks be to God.

Dedication

I am no longer my own, but Yours.
Use me as You choose;
rank me alongside whoever You choose;
put me to doing; put me to suffering;
let me be employed for You, or laid aside for You,
raised up for You, or brought down low for You;
let me be full; let me be empty;
let me have all things, let me have nothing;
with my whole heart I freely choose to yield
all things to Your ordering and approval.

So now, God of glory,
Father, Son, and Holy Spirit,
You are mine, and I am Your own.

Closing

General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the

redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

Benediction

Let us bless the Lord. Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.
(Romans 15:13)

Fridays (Shortened Version)

Opening Sentence

One thing I have asked of the Lord, this is what I seek: That I may dwell in the house of the Lord all the days of my life; to behold the beauty of the Lord and to seek Him in His temple.

Confession

Let us confess our sins against God and our neighbor.

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

Psalm 67

1

May God be merciful to us and bless us, *
show us the light of his countenance and come to us.

2

Let your ways be known upon earth, *
your saving health among all nations.

3

Let the peoples praise you, O God; *
let all the peoples praise you.

4

Let the nations be glad and sing for joy, *
for you judge the peoples with equity
and guide all the nations upon earth.

5

Let the peoples praise you, O God; *
let all the peoples praise you.

6

The earth has brought forth her increase; *
may God, our own God, give us his blessing.

7

May God give us his blessing, *
and may all the ends of the earth stand in awe of him.

Antiphon

The Lord is full of compassion and mercy: Come let us adore him.

From the Patrick Compline

In the Name of the King of life;
in the Name of the Christ of love;
in the Name of the Holy Spirit;
the Triune of my strength.

I love you, O Lord my strength. The Lord is my rock,
my fortress and my deliverer.
My God is my rock in whom I take refuge.

I will praise the Lord who counsels me;
even at night my heart instructs me.

I have set the Lord always before me.
Because He is at my right hand, I shall not be shaken.

Into your hands I commit my spirit;
redeem me, O Lord, the God of truth.

*The peace of the Father's joy,
the peace of the Christ of hope,
the peace of the Spirit of grace,*

the peace of all peace be ours this night
in the Name of the Father, and of the Son, and of the Holy Spirit.

Scripture Reading(s)

Read in turn the selections for the day, concluding with:

The Word of the Lord.

Thanks be to God!

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

General Intercession

We hold before God:
those for whom life is very difficult;
those who have difficult decisions to make, and
who honestly do not know what is the right thing to do.

We hold before God:
those who have difficult tasks to do and to face,
and who fear they may fail in them;
those who have difficult temptations to face, and
who know only too well that they may fall to them,
if they try to meet them alone.

We hold before God:

those who know that they can be their own worst enemies.

We hold before God:

those who have difficult people to work with;
those who have to suffer unjust treatment, unfair
criticism, unappreciated work.

We hold before God:

those who are sad because someone they loved has died;
and any who are disappointed in something for
which they hoped very much.

Cycles of Prayer

Let us take a few moments of free prayer to intercede for the nations of the world, the churches of Tulsa, and our own Tulsa Boiler Room.

[Pray for the nations, churches, and boiler room member(s) according to the daily list]

Communion

*Blessed are you, Lord God of the universe, our Father forever and ever;
for through your goodness we have these gifts of bread and juice
which earth has given and human hands have made.
May they become for us the food and drink of eternal life.*

Bless the king of all the earth!

Holy, holy, holy Lord. God of power and might.

Matthew 26:26-28

Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.

The Word of the Lord.

Thanks be to God.

[Distribute communion elements and take together]

Leader: The body of Christ; broken for you.

Leader: The blood of the New Covenant, poured out for you.

General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Dedication

I am no longer my own, but Yours.
Use me as You choose;
rank me alongside whoever You choose;
put me to doing; put me to suffering;
let me be employed for You, or laid aside for You,
raised up for You, or brought down low for You;
let me be full; let me be empty;
let me have all things, let me have nothing;
with my whole heart I freely choose to yield
all things to Your ordering and approval.

So now, God of glory,
Father, Son, and Holy Spirit,
You are mine, and I am Your own.

Benediction

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.
Romans 15:13

Saturdays & Sundays

Opening Sentences

One thing I have asked of The Lord, this is what I seek:
that I may dwell in the house of The Lord all the days of my life;
to behold the beauty of The Lord and to seek Him in His temple.

Who is it that you seek?

We seek The Lord our God

Do you seek Him with all your heart?

Amen. Lord, have mercy.

Do you seek Him with all your soul?

Amen. Lord, have mercy.

Do you seek Him with all your mind?

Amen. Lord, have mercy.

Do you seek Him with all your strength?

Amen. Christ, have mercy.

Confession

Let us confess our sins against God and our neighbor.

Abba Father, we pray for forgiveness, forgiveness of our silence, and our hard hearts. God we pray that you would put in us a fiery love for the lost and broken, the hurt and confused. God give us love that we may be bold and not be afraid to love people. In you heavenly name, Amen.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Psalms

Venite

Come let us sing to the Lord;*
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving*
and raise a loud shout to him with psalms.

For the Lord is a great God,*
and a great King above all gods.

In his hand are the caverns of the earth,*
and the heights of the hills are his also.

The sea is his, for he made it,*
and his hands have molded the dry land.

Come, let us bow down, and bend the knee,*
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand.*
Oh, that today you would hearken to his voice!

[Read the Psalm for the corresponding week of Lent. You may read responsively, take turns reading verses, or all read together.]

Lent Week 1: Psalm 6

Lent Week 2: Psalm 31

Lent Week 3: Psalm 91

Lent Week 4: Psalm 98

Lent Week 5: Psalm 139

Lent Week 6: Psalm 32

Lent Week 7: Psalm 23

The Lord is full of compassion and mercy: Come let us adore him.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Scripture Readings

Read Old Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Jubilate

Be joyful in the Lord, all you lands;
serve the Lord with gladness
and come before his presence with a song.

Know this: The Lord himself is God;
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise;
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting;
and his faithfulness endures from age to age.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Read New Testament selection in turns, concluding with:

The Word of the Lord.

Thanks be to God!

Read Gospel selection in turn, concluding with:

The Word of the Lord.

Thanks be to God!

Canticles / Praises

Canticle 16 The Song of Zechariah

Luke 1:68-79

Blessed be the Lord, the God of Israel;*
he has come to his people and set them free.

He has raised up for us a mighty savior,*
born of the house of his servant David.
Through his holy prophets he promised of old,

that he would save us from our enemies,*
from the hands of all who hate us.

he promised to show mercy to our fathers*
and to remember his holy covenant.

This was the oath he swore to our father Abraham,*
to set us free from the hands of our enemies,

Free to worship him without fear,*
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High,*
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation*
by the forgiveness of their sins.

In the tender compassion of our God*
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death,*
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit
as it was in the beginning, is now, and will be for ever. Amen.

Creed and Prayers

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages A

Show us your mercy, O Lord;

And grant us your salvation.

Clothe your ministers with righteousness;

Let your people sing with joy.

Give peace, O Lord, in all the world;

For only in you can we live in safety.

Lord, keep this nation under your care;

And guide us in the way of justice and truth.

Let your way be known upon earth;

Your saving health among all nations.

Let not the needy, O Lord, be forgotten;

Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And sustain us with your Holy Spirit.

A Prayer for Lent

Lord God of Israel, who remembers always our weakness and poverty with mercy and love, who did take on weak and pitiful flesh in order to suffer with us all sorrows and temptations and to sacrifice yourself for us through the humiliation and death of the Cross: guide us, we pray, as we journey through this Lenten Season of fasting and humility, to think always on the suffering and temptation that Our Lord endured for Forty Days in the Wilderness and the agony of his suffering on the Cross, that we may fearfully and joyfully receive the Great Good, Priceless Grace, You have bestowed on us, through Christ Jesus. Amen

Intercessions

For All Sorts and Conditions of Men

O God, the creator and preserver of all mankind, we humbly ask you for all sorts and conditions of men; that you would be pleased to make your ways known to them, your saving health to all nations. We especially pray for your holy Church, that it may be so guided and governed by your good Spirit, that all who call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. Finally, we commend to your fatherly goodness all who are in any way afflicted or distressed, in mind, body, or estate; that it may please you to comfort and relieve them according to their need, giving them patience under their sufferings, and a happy release out of all their afflictions. All this we beg for Jesus Christ's sake. Amen.

For the Human Family

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may

serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen.

For the Church

Gracious Father, we pray for your holy Church. Fill it with all truth, in all truth with all peace. Where it is corrupt, purify it; where it is in error, direct it; where in anything it is amiss, reform it. Where it is right, strengthen it; where it is in want, provide for it; where it is divided, reunite it; for the sake of Jesus Christ your Son our Savior. Amen.

World Cycle of Prayer

We pray for the people of _____. (See daily list)

[Free prayer for these nations]

[For info on nations: <http://www.operationworld.org/node/87>]

Ecumenical Cycle of Prayer

We pray for our sisters and brothers, members of the following churches in Tulsa: ____ (See daily list).

[Free prayer for the churches of Tulsa]

Boiler Room Cycle of Prayer

We pray for the Tulsa Boiler Room, and especially for our beloved brother/sister: ____ (See daily list).

[Free prayer for the city of Tulsa, the Boiler Room, and the individual(s) mentioned above]

Communion

*Blessed are you, Lord God of the universe, our Father forever and ever;
for through your goodness we have these gifts of bread and juice
which earth has given and human hands have made.
May they become for us the food and drink of eternal life.*

Bless the king of all the earth!
Holy, holy, holy Lord. God of power and might.

Matthew 26:26-28

Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of

sins.

The Word of the Lord.

Thanks be to God.

[Distribute communion elements and take together]

Leader: The body of Christ; broken for you.

Leader: The blood of the New Covenant, poured out for you.

A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

Closing

General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

Canticle

Christ, as a light illumine and guide me.

Christ, as a shield overshadow me.

Christ under me; Christ over me;

Christ beside me on my left and my right.
This day be within and without me,
lowly and meek, yet all-powerful.
Be in the heart of each to whom I speak;
in the mouth of each who speaks to me.
This day be within and without me,
lowly and meek, yet all powerful.
Christ as a light; Christ as a shield;
Christ beside me on my left and my right.

Benediction

Let us bless the Lord. Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.
(Romans 15:13)